

HYPNOSIS & COACHING FOR BETTER LIFE LLC

20801 Biscayne Blvd, Suite 403, Aventura, Florida, 33180

email: info@hypnosis4betterlife.com

web: www.hypnosis4betterlife.com

phone: (786) 588-5770

fax: (786) 999-0955

NGH Hypnotherapy Certification Super Course Overview

The following is a brief overview of the curriculum of our course. *If you have any specific questions about anything listed below, please email us at info@hypnosis4betterlife.com.*

The training is divided into two main segments: Level 1 and Level 2

Level 1 consists of the following modules:

What is Hypnosis?

The Model of the Mind

The Flow of Consciousness Model

Basic vs Advanced Hypnotic Techniques

A Brief History of Hypnosis and Classical Approaches

Suggestibility and Suggestibility Tests

Hypnotic Inductions

Convincers

Client Management

Depth of Hypnosis and Deepening Techniques

Levels of Hypnosis

Fractionation

Overt vs Covert Testing Techniques

How to Consistently Achieve the Threshold of Somnambulism

Preparing for the Hypnotic Session

Pre-Talk and Pre-hypnosis Interview

Office Management

Structure of the Session

Assessment for Readiness

Emerging Clients from Hypnosis

Modern Hypnotic Inductions

Rapid and Instant Inductions

Elman Inductions

Elman-Banyan Induction

Problem with the Elman-Banyan Induction

The New 5-Path Induction - Unique and Predictable Way of Inducing Hypnosis and Covertly Testing for Somnambulism

Suggestions and Advanced Delivery Techniques

Post-Hypnotic Suggestions

Application of Hypnotic Suggestions

Managing Depth during the Session

Working with Other Professionals

Self-Hypnosis Learning and Practice

Brief Overview of 5-PATH: 5 Phase Advanced Transformational Hypnosis

Supervised Hypnosis Practice (Daily)

Troubleshooting

Level 2 consists of the following modules:

The Language of Feelings: Primary, Secondary and Tertiary Feelings

Detailed Overview of 5-PATH

Phase 1: Preparing, Testing and Convincing

Phase 2: Age Regression and Age Progression (neutralizing sadness and fear)

This is the most advanced part of the training. It covers a very unique age regression protocol that allows practitioners to quickly and effectively get to the Initial Sensitizing Events and heal the Inner Child.

Phase 3: Forgiveness of Others (neutralizing anger at others)

Phase 4: Forgiveness of Self (neutralizing anger at self and guilt)

Phase 5: Advanced Parts Mediation Work (neutralizing secondary gains and creating parts integration)

The duration of the entire training is 2 weeks (with a weekend break in the middle). Usually the weekend is used by students to study for the final exam and integrate the material.

Here is the structure of the training:

Week 1

Monday to Wednesday - Level 1 training and 1st exam.

Thursday and Friday - Level 2 training

Weekend - off (reading, preparation for the final exam and learning hypnotic inductions)

Week 2

Monday - Thursday - Level 2 training

Friday - Level 2 training and the Final Exam.

Training hours are 9 am to 7 pm (or later) daily.

You will have a self-hypnosis and a supervised hypnotherapy practice every day.

Certification:

Upon the course completion and successful passing of the exams you will receive the following certifications:

1. NGH Certified Consulting Hypnotist (National Guild of Hypnotists)
2. 5-PATH Certified Hypnotist
3. 5-PATH Master Hypnotist
4. 7th PATH Certified Self-Hypnosis Teacher

To see the copies of actual certificates and for more information, please visit us at <https://www.hypnosis4betterlife.com/certification>.