

HYPNOSIS & COACHING FOR BETTER LIFE LLC

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NGH and 5-PATH® IAHP Approved Banyan Hypnosis Certification Course

The following is a brief overview of the curriculum of our course. *If you have any specific questions about anything listed below, please email us at info@hypnosis4betterlife.com.*

The training is divided into two main segments: Level 1 and Level 2

Level 1 consists of the following modules:

What is Hypnosis?

The Model of the Mind

The Flow of Consciousness Model

Basic vs Advanced Hypnotic Techniques

A Brief History of Hypnosis and Classical Approaches

Suggestibility and Suggestibility Tests

Hypnotic Inductions

Convincers

Client Management

Depth of Hypnosis and Deepening Techniques

Levels of Hypnosis

Fractionation

Overt vs Covert Testing Techniques

How to Consistently Achieve the Threshold of Somnambulism

Preparing for the Hypnotic Session

Pre-Talk and Pre-hypnosis Interview

Office Management

Structure of the Session

Assessment for Readiness

Emerging Clients from Hypnosis

Modern Hypnotic Inductions

Rapid and Instant Inductions

Elman Inductions

Elman-Banyan Induction

Problem with the Elman-Banyan Induction

The New 5-Path Induction - Unique and Predictable Way of Inducing Hypnosis and Covertly Testing for Somnambulism

Suggestions and Advanced Delivery Techniques

Post-Hypnotic Suggestions

Application of Hypnotic Suggestions

Managing Depth during the Session

Working with Other Professionals

Self-Hypnosis Learning and Practice

Brief Overview of 5-PATH: 5 Phase Advanced Transformational Hypnosis

Supervised Hypnosis Practice (Daily)

Troubleshooting

Level 2 consists of the following modules:

The Language of Feelings: Primary, Secondary and Tertiary Feelings

Detailed Overview and Practice of 5-PATH

Phase 1: Preparing, Testing and Convincing

Phase 2: Age Regression and Age Progression (neutralizing sadness and fear)

This is the most advanced part of the training. It covers a very unique age regression protocol that allows practitioners to quickly and effectively get to the Initial Sensitizing Events and heal the Inner Child.

Phase 3: Forgiveness of Others (neutralizing anger at others)

Phase 4: Forgiveness of Self (neutralizing anger at self and guilt)

Phase 5: Advanced Parts Mediation Work (neutralizing secondary gains and creating parts integration)

Here is the structure of the training:

You will be credited with over 100 hours of training in our new 25+7 training schedule (7 days in class with approximately 25 hours of assigned self-study).

Our NGH and 5-PATH® IAHP Approved Banyan Hypnosis Certification Course will now be taught in a new super-efficient 7-day format. This means that instead of being away from your home, family or work for 2 weeks to take the 10-day version of the course, now it is only a week long.

We think that you will like this new schedule because the new 7-day training schedule contains the same high-quality training and provides the same important hypnosis certifications.

This 7-day schedule greatly reduces your cost to attend (i.e. food and lodging) and reduces your time away from your home, family and work. (Note: you can also take the entire in-class part of the course online along with students who are taking the course at our center).

We accomplished this reduction in class time by taking the basic material from the course and making it into a short pre-course self-study program. You will simply go through the same materials that you would normally read during the first 2 and a half days of the course, but now you get to go through them at your own rate.

Here is the schedule of the training:

Pre-Training (online):

25 hours of online content to be completed before the 1st day of the live training.

Quality is our highest goal. To help you know that you are ready, there is an “open book” self-study guide/quiz that you can use during the self-study process and to demonstrate what you have learned when you are done with the self-study.

Live Training (both on site and online):

Monday to Monday

Saturday - off (reading, preparation for the final exam and learning hypnotic inductions)

Final Exam - Last day of class on Monday.

Training hours are 9 am to 7 pm (or later) daily.

You will have self-hypnosis and a supervised hypnotherapy practice every day.

Certification:

Upon the course completion and successful passing of the exams you will receive the following certifications:

1. NGH Certified Consulting Hypnotist (National Guild of Hypnotists)
2. 5-PATH Certified Hypnotist
3. 5-PATH Master Hypnotist
4. 7th PATH Certified Self-Hypnosis Teacher

To see the copies of actual certificates and for more information, please visit us at <https://www.hypnosis4betterlife.com/certification>.